Ngahihi-o-te-ra Bidois

Ancient Wisdom

MODERN SOLUTIONS

[www.ngahibidois.com](http://www.ngahibidois.com)

*Ask* ***honest*** *questions of the face in the mirror and you will receive* ***honest*** *answers.*

Addresses learning styles: Visual provided via demonstrations and Slideshow presentation; Auditory provided via microphone and speakers; Kinaesthetic catered for through interactive activities.

Hongi = to kiss Hangi = to eat DON’T CONFUSE THE TWO

## What is your day One?

Do I create the right image – do I look like a leader?

Facebook: being leaders by protecting each others images – when we let our hair down, will images appear on facebook?

**Are you ready?** The most important thing you can be asked! You can be in the right place at the right time with the right tools but if you’re not ready, it doesn’t mean anything.

Change your attitude – be prepared to be ready always!

# Tamoko

New growth – new development (ear)

Nothing on forehead – emphasises thinking

Tarawa Shark sits on his chin representing speaking from his tribe.

**Great leaders ask great questions…. They look, hear, think before they speak.**

**Change is the new Constant**

**What you think, is what you’ll be!**

Self prisons: Listening to and believing the ‘put downs’ of others.

Ngati whakaro ………. Te tangagata –

**the thought creates the person** –

it doesn’t matter what others think about you, only what you think about yourself.

**If it isn’t broke... fix it! What are you fixing?**

**Who are your eagles? Who is removing your comforts and pushing you to fly?**

“Most of your unhappiness in life is due to the fact that you’re are listening to yourself rather than talking to yourself.”

Dr. Martin Lloyd Jones in *Spiritual Depression: Its Cause and Cure.*

**Do I talk nicely to myself?**

**What is my one most important thing that I need to do when I return to my battle zone?**

***anything worth doing is worth doing… poorly***

**What are my wells?**

**RCICT – Are you ready?**